

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri, 10 am - 3 pm

Phone: (715) 226-4393

8005 Birch St.

Weston, WI 54476

COMMUNITY DIRECTOR

Dawn Mittlesteadt

Birchwood@ardenpropertygroup.com

ASSISTANT COMMUNITY MANAGER

Kelley Goertz

Birchwood@ardenpropertygroup.com

LEASING

Mon - Fri, 9 am - 5 pm

Phone: (715) 226-4393

MAINTENANCE

Mon - Fri, 9 am - 5 pm

Phone: (715) 226-4393

Evenings & Weekends

(AnSer) EMERGENCIES ONLY: (800) 263-6148

MAINTENANCE TEAM

Brett Koss

HOUSEKEEPING TEAM

Jessica Bram

BUILDING MANAGER

Cindy Krall

UPCOMING SPOTLIGHT EVENTS



Birthday Celebration

MONDAY, JULY 6TH, AT 3 PM

COMMUNITY ROOM MAIN BUILDING

Celebrate July and August birthdays with the Birchwood Choir. Enjoy music, fun and a cheerful time with friends and neighbors!

Free Event



Independence Day Celebration

WEDNESDAY, JULY 8TH, AT 3 PM

MAIN BUILDING PARKING LOT

Celebrate 250 years with a 1 PM parade, followed by music from Terry Howard. After, enjoy hot dogs, drinks and sides — see calendar for details.

\$8 per person



Picnic Lunch With Sound Crossing

MONDAY, JULY 20TH, AT 12:30 PM

MAIN BUILDING PARKING LOT

Enjoy a picnic lunch with music — bring your own sandwich, and we'll provide sides and drinks! Relax and soak in the music while enjoying a beautiful setting.

\$5 per person



Parking Lot Bingo & Food Truck

TUESDAY, JULY 21, AT 10:30 AM

MAIN BUILDING PARKING LOT

Join us for outdoor bingo — win prizes! Afterwards, enjoy lunch from Chang's Best Eggrolls Truck (pay on your own).

\$3 to play



New Resident Ice Cream Social

FRIDAY, JULY 24, AT 2 PM

MAIN BUILDING COMMUNITY ROOM

Welcome new Birchwood Residents at an ice cream social! Meet neighbors and enjoy a sweet treat together. A fun way to connect and feel at home.

Free Event



RESIDENT REMINDERS

Common Area Temperatures

Community Room & Library temps are set to 72°-74°, and hallway temps are set to 70°. Please contact the Resident Services Office if you notice any problems.

Sustainable Shopping

Looking to cut down on the packaging you bring home? Refilleries are stores where customers bring their own clean reusable containers to refill bulk products like household and personal care goods and even certain groceries. To find refillery options near you, visit the website refill.directory.

Bug Repellent Kit

Summer is meant for outdoor fun! Don't let mosquitos or other pesky bugs ruin a good time; instead, use this portable repellent kit.

Materials:

- Small jar with a lid or cork
- Fresh or dried herbs
- Essential oils
- White vinegar
- Cotton ball

Directions:

You can use any mix of herbs and essential oils, customized to your scent preference. Effective insect-repelling options are lavender, mint, lemongrass, rosemary, basil, sage and citronella.

Place your chosen herbs in the bottom of the jar, followed by 10 drops of each essential oil you are using. Add more herbs or oils to adjust the scent, as needed. Add 2 to 3 tablespoons of white vinegar to the jar. Place the cotton ball on top of the mixture, and then replace the lid or cork. The vinegar will absorb the fragrance of the herbs and oils. You can also gently swirl the jar to mix the scents.

Bring the jar to your next outdoor event and use the cotton ball to dab the mixture on your wrists. Alternatively, place the open jar next to you as you sit outside to let the fragrance waft through the air and drive off the bugs.

Pest Control

Please let our Resident Services Office know if you would like our monthly pest control services to visit your apartment — report all pests promptly!

Store Items in Designated Areas Only

As the weather warms up, more residents will be bringing out bicycles, scooters and other outdoor equipment. Please remember to store these items in designated storage areas only. Keeping entrances and hallways clear ensures safe passage for all residents and emergency personnel.

ONSITE & LOCAL SERVICES

Salon

Main Building 3rd Floor

Wednesday & Friday By Appointment Only

Call (715) 301-8588

STYLISTS

Karen Theiler & Terri Kree

Credit Cards Accepted

Family Foot & Ankle Clinic

3RD FLOOR MAIN BUILDING GAME ROOM

Call (715) 241-8100 to make an appointment. See calendar for date and time.

Blood Pressure Screening

3RD FLOOR MAIN BUILDING GAME ROOM

No Appointment Needed - See Calendar for Date & Time

Spectrum/Charter Cable

HOTLINE (833) 697-7328

Wisconsin Public Service

HOTLINE (800) 450-7260

Village of Weston

PHONE (715) 359-6114



WHAT'S COOKING

Red, White and Blue Parfaits

These patriotic parfaits are easy to make, healthy and will add a blast of flavor to your summertime meals and celebrations.

Ingredients:

- 1 cup fresh blueberries, washed and drained
- 1 6-ounce container Greek yogurt (Vanilla, lemon or coconut flavors work best.)
- 1 cup raspberries, washed and drained
- Whipped cream for garnish

Directions:

Assemble parfaits by layering the blueberries, yogurt and raspberries into 2 or 3 short, clear drinking glasses or pint-sized glass jars. Start with a layer of berries, then add a layer of yogurt and finish with the raspberries. Top each parfait with a dollop of whipped cream and a few of the berries.

Tip: If making ahead of time or to thicken the yogurt layer, drain yogurt on paper towels for several minutes to absorb some of the liquid.

Find more recipes at
Culinary.net.



Summer ABCs

D is for Days of lounging around

O is for the Ongoing heat

G is for Green Grass

D is for Drinking lots of water

A is for All the yummy summer treats you can eat

Y is for Yellow lemonade to cool you down

S is for Sunscreen to protect you

CELEBRATING FREEDOM

The Fourth of July & America's 250th Birthday

As summer arrives and July 4th approaches, we are reminded of a day that has united Americans for generations. This year holds even greater meaning as we celebrate not only Independence Day, but also the 250th anniversary of the United States — a remarkable milestone in our nation's history.

On July 4, 1776, the Declaration of Independence was adopted, marking a bold step toward freedom from British rule. Those who signed it risked everything, driven by ideals of liberty and equality that still resonate today. Early celebrations included bonfires, bells and public readings — and soon after, fireworks became a lasting tradition, lighting up the sky in honor of that historic moment.

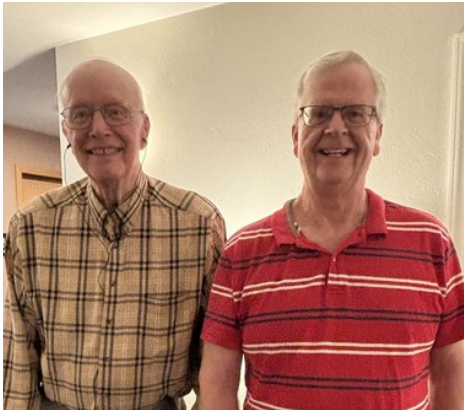
Over 250 years, America has grown from 13 colonies into a diverse and innovative nation. Many of you have witnessed incredible changes firsthand — from simpler times to today's fast-paced world — making your experiences an important part of this ongoing story. For many, the Fourth of July brings back fond memories of parades, family picnics, patriotic songs and fireworks

under warm summer skies. While traditions may evolve, the spirit of togetherness and gratitude remains strong. As we celebrate this special anniversary, let's reflect on the freedoms we enjoy, the history we share and the communities we've built together.

Here's to 250 years of resilience, progress and pride — and to the memories still being made. Happy Fourth of July!



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

Celebrating Our Semiquincentennial

This 18-letter mouthful is the name for the 250th anniversary of the signing of the Declaration of Independence on Saturday, July 4. Many buildings will be closed on Friday, July 3, in observance of the country's birthday.

Independence Day by the Numbers

150 million. Hot dogs eaten on the Fourth of July.
56. Signers of the Declaration of Independence.
2.5 million. Approximate population of the U.S. in July 1776.
342 million. Approximate population of the U.S. today.

CONGRATULATIONS

Who Won \$100?

Our lease renewal drawing winner is Shirley F.!

